

COUNTY OF SAN BERNARDINO,  
DEPARTMENT OF BEHAVIORAL HEALTH

AND LOMA LINDA UNIVERSITY BMC  
PROUDLY PRESENT:

# SELF-INJURY PRESENTATION

BY: SUSAN HAGERMAN



**Who should attend:**  
All DBH staff, DBH contract providers, Interns, and parents of minor consumer/clients are strongly invited to attend this presentation.

**When:** May 25, 2010

**Time:** 10:00am-12:30pm

**Location:** DBH Training Institute

1950 Sunwest Ln., Ste. 200, San Bernardino, CA

## Learning Objectives:

*Upon completion of this training, participants should be able to:*

- Identify types of self-injurious behaviors
- Differentiate between non-suicidal and suicidal self-injurious behavior
- Conduct appropriate assessments with adolescents in multiple settings and determine level of care needed
- Describe how Dialectical Behavioral Therapy (DBT) is utilized in treating adolescents with borderline personality traits who self-injure.

## NEWS!!! NEWS!!! NEWS!!!

*This is the first class that DBH Training Unit is offering in two training modes, simultaneously:*

Live Classroom Attendance **OR**  
Webinar, through Remote Connection

*\*(registration choices on essential learning)\**

## CE/CEU/CEH Information

**Psychologist CE Credits:** "San Bernardino County Department of Behavioral Health is approved by the American Psychological Association to sponsor 2.5 hours of continuing education for psychologists. San Bernardino County Department of Behavioral Health maintains responsibility for this program and its content."

**BBS:** San Bernardino County Department of Behavioral Health, board-approved provider number 3766, "Course meets the qualifications for 2 hours of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences."

**CBRN:** "Provider approved by the California Board of Registered Nursing Provider Number CEP 15400, for 2.5 hours." **CAADAC:** County of San Bernardino Department of Behavioral Health, "Provider approved by CAADAC, Provider Number 1N-06-850-0610 for 2 CEH'S." **CAADE:** County of San Bernardino Department of Behavioral Health, "Provider is approved by CAADE, the CAADE provider number CP10 786 C 0709 for 2CEHs awarded."

## For Online Enrollment:

**Log onto Essential Learning website at:**  
<http://training.essentiallearning.com/dbh>. **Or**  
**contact DBH Training Unit by calling:**  
**800-722-9866 or sending email to:**  
[training@dbh.sbcounty.gov](mailto:training@dbh.sbcounty.gov)

**\*Note\*** The purpose of this training will be to provide vital information on the topic of Self-Injury and serve as a **Referral** to: Loma Linda University Behavioral Medicine Center (BMC)